

A Scout's Guide to Volunteer Service in the Roanoke Valley

**“On my honor I will do my best to do my duty to God
and my country...”**

These words are the beginning of the Scout Oath. As Scouts we recite them all the time. But do we ever pause to think about what they mean? The Scout Oath is not just words, but a pledge that the Scout makes to uphold a standard; to live every day of his life according to a high set of values. A Scout has a responsibility to live his life with the understanding that he has a “duty” to spend time in service to his God and his country. Service hours are required for rank advancement, and a Scout should recognize that he has gifts which can benefit his community and his country.

This book has been assembled to assist Scouts in the Roanoke area in finding organizations in his community which could benefit from his service. There are projects which are short term service, long term service, individual projects and patrol projects. There are listings of projects, where to find the organization in need of service, whom to call for more information, and examples of the types of jobs available to the Scout.

Take some time to study these pages and look for something which interests you. Find an organization and get involved. And not just because your rank requirements call for service hours, but because, as a Scout, it's the right thing to do. Get involved in your community. Do the right thing, use your talents to help others. You can make your community a better place to live, and in the process, you will be making yourself a better person and a better Scout! Set the example in your Troop. You'll be amazed at the effect you can have in your community, one person at a time!

Tim Zuber, ASM
Bobwhite Patrol
Woodbadge SR 679
June, 2005

Astride With Pride

Stormy Shelton-Hazen
1913 Belltown Rd.
Bedford, VA 24323

540-587-0668
www.astridewithpride.org

Therapeutic riding program

Any age to assist with the facility
Age 14 and up to work with the animals

Individual Activities:

Assist participants in riding program.
Assist with facility maintenance and upkeep of facility

Group or Patrol Activities:

Repair or maintain trails. Spread mulch. Assist participants in riding program.

Aventa Hospice

Pam Griffin
154 W. Fourth St.
Salem, VA 24153

540-378-5281

Support for Terminally ill patients and their families.

All ages.

Individual and Group / Patrol Activities

Yard work for patient's families. Reading to patients. Visitation with patients and families.

American Red Cross

Mary Grace Cantilo
352 Church Ave.
Roanoke, VA 24016

540-985-3528

Ages 15 and up

Assist with Bloodmobile and blood services.

Individual or Group / Patrol Activity

Assist staff with blood drive. Greeter. Monitor donors during and following blood donation.

Brian Center Nursing Center

Lori Bowman 540-473-2288
188 Old Fincastle Rd.
Fincastle, VA 24090

Nursing and Rehab Center

All ages.

Individual and Group / Patrol Activities

Visitation and assistance with patients.

Carilion Medical Center

Jo Ann Terry (Volunteer Coordinator)

Suzanne McGuire (Youth Program) 540-981-8052
Roanoke Memorial Hospital
Belview and Jefferson Streets
Roanoke, VA 24014

Jill Hamilton 540-224-4620
Community Hospital (Pediatrics)
101 Elm Ave.
Roanoke, VA 24014

Ages 14-18

Individual Activities

Youth Volunteer Program (RMH) Summer Volunteer

service (must be trained by hospital program.)

Pediatric Program Volunteer (Community Hospital)
Visitation in pediatric department. Read and play games with young patients.

CHIP – Child Health Investment Project

Susan Crim 540-857-6993
1201 Third St. SW
Roanoke, VA 24016

Healthcare provider for children in families with financial need.

Ages 14 and up

Individual and Group / Patrol Activities

Assist with annual October fundraiser (Pumpkinfest) Assist with petting zoo, games for kids.

Event Zone

Carol Williams 540-342-2640
P.O. Box 8276 www.eventzone.org
Roanoke, VA 24014 www.roanokefestival.org

Roanoke City Festivals: Festival in the Park, St. Patrick's Day, Midnight in the Park, Oktoberfest, Taste of the Blue Ridge Blues and Jazz Festival.

All ages

Individual or Group / Patrol Activities

Help with concessions, hands-on assistance with children's' activities and games.
Usually in 3 to 4 hour shifts.

LOA / Area Agency on Aging

Michelle Daley 540-345-0451
706 Campbell Ave. SW
Roanoke, VA 24016

Agency assisting with the needs of Roanoke Valley Senior Citizens
Meals on Wheels

Age 16 and older, with valid drivers permit and reliable car.

Individual Activities

Delivery of meals to senior citizens in their homes, Monday through Friday, during mid-day hours. Each route is approximately 12-18 homes each day.

Mill Mountain Zoo

Michaela Pace
Mill Mountain Park
Roanoke, VA 24014

540-343-3241

Center for care and display of animals.

All ages.

Individual and Group / Patrol Activities

Landscaping, general maintenance, painting, rust cleaning of facilities and animal habitats. Assistance with food preparation.

This is a facility with many opportunities for Eagle Scout projects. Contact Zoo Activities Coordinator for details.

Muscular Dystrophy Association

Kathy Roberson

540-772-3237

Summer Camp for Children with Muscular Dystrophy.

Ages 17 and older

Individual Activities

Counselors are needed during summer hours to assist with Summer Camp at Smith Mountain Lake during the month of August.

Pheasant Ridge Nursing and Rehab

Cindy Webb
4355 Pheasant Ridge Rd.
Roanoke, VA 24014

540-725-8210

Health Care facility for Senior Citizens and Post-Surgical Patients.

All ages.

Individual and Group / Patrol Activities

Visit with and read to residents. Play games, such as bingo or cards. Prepare decorations for common areas such as recreation areas or dining halls for seasons and holidays.

Presbyterian Community Center

Cheryl Poe
1228 Jamison Ave. SE
Roanoke, VA 24013

540-982-2911

Community support organization.

All ages.

Individual or Group / Patrol Activities

Organize or assist with Food Drives. Sort and store food for food pantry. Sorting and pricing of food after Food Drives. Assist as a tutor (one day per week) for children in the neighborhood.

Raleigh Court Healthcare Center

Lorrie Huffman
1527 Grandin Road
Roanoke, VA 24015

540-342-9525

Senior Citizen healthcare facility.

All ages.

Individual and Group / Patrol Activities

Visitation with residents. Read or play games and conduct activities for residents. Decorate community activity rooms and dining rooms for holidays and special occasions.

Refugee and Immigration Services

John McDowell
1106 Ninth Street
Roanoke, VA 24013

540-342-7561

Community organization for assistance to refugees relocating to the area.

All ages.

Individual activities

Peer counseling program for young refugees. Tutor school age youth. Child care for families while refugees are attending organization functions. Assistance with English as a Second Language Classes.

Group or Patrol activities

Assist with childcare, activities for families.

Rescue Mission of Roanoke

Helen Kerrigan
402 Fourth St. SE
Roanoke, VA 24013

540-777-7651
Helen.Kerrigan@rescuemission.net

Organization offering help to homeless people in the Roanoke area.

All ages

Individual and Group / Patrol Activities

Assistance with meal preparation. Assist in dining hall. Cleaning and maintenance of grounds around facility. Assist in Rescue Mission Thrift Store. Neighborhood clean-up projects.

Jubilee Acres (Rescue Mission Camp facility)

Rhonda McAleer (Volunteer Coordinator) 540-384-6822

Assist with camp maintenance, clearing trails and mulching in camp. Spring cleaning for preparation of camp for Summer campers.

Roanoke Area Ministries

Lori Bier
824 Campbell Ave. SW
Roanoke, VA 24015

540-345-9786

Organization serving meals to homeless of the area.

All ages.

Individual or Group / Patrol Activities

Assist with preparation and serving of meals. Clean-up following meals

Roanoke County Fire and Rescue

Jennifer Conley-Sexton 540-561-8060
3568 Peters Creek Rd
Roanoke, VA 24019
www.roanokecountyva.gov/firerescue

Roanoke County Emergency Medical Assistance and Fire fighting organization.

Ages 16 and up, following training designed for long term service to the organization.

Individual activities

Following training, individuals may assist crew with EMS and fire fighting activities. This is intended to be a long term commitment for the volunteer due to the extensive and expensive training required.

Group or Patrol Activities

Assist with facility maintenance and clean-up, grounds keeping and other related activities when supervision is available.

Roanoke Valley Horse Rescue

Pat Muncy 540-797-1999
1725 Edwardsville Rd.
Hardy, VA 24101

Organization to assist sick, injured or abandoned horses.

All ages.

Individual or Group / Patrol Activities

Mend fences, clear land and trails, install fences. Assist with care and feeding of animals. Some camping facilities are available for groups working on the facility.

Roanoke Wildlife Rescue

DeeDee Hartson
5931 Cottonhill Rd.
Roanoke, VA 24018

540-989-3798 or 540-330-7071

Area facility assisting with injured, displaced or orphaned wild animals.

Ages 16 and up.

Individual or Group / Patrol Activities

Volunteers must be trained. (Training sessions are on conducted on Sundays) Volunteer positions should be long term positions, not short-term projects. Volunteers can assist in building and maintaining enclosures for animals. Assist staff with care and feeding of animals. Volunteers usually work in 1 to 4 hour shifts. Opportunities available for summer volunteer positions.

Ronald McDonald House Charities of SW Virginia

Shannon Boothe
2224 S. Jefferson St.
Roanoke, VA 24014

540-857-0770

Organization offering care and support for families of hospitalized children.

All ages.

Individual or Group / Patrol Activities

Assist with meals, yard work, clean-up duties, and daily operations for facility. Also assist with fundraising drives, office work and assist with child care for families staying in the facility.

Salem Public Library

Benita Van Cleave
28 E. Main St.
Salem, VA 24153

540-375-3089

All ages.

Individual or Group / Patrol Activities

Assist with summer reading program, children's program, and crafts. Assist with shelving returned books.

Science Museum of Western Virginia

Nancy McCrickard
1 Market Square SE
Roanoke, VA 24011

540-857-4396

Roanoke Valley Science Museum

Ages 13 and older

Individual or Group/Patrol Activities

Assist Museum staff with Summer Camp programs. Assist visitors to the Museum with programs and activities.

St. Francis House

Eileen Stone
824 Campbell Ave. SW
Roanoke, VA 24016

540-345-9090

Area agency providing food assistance to individuals and families in financial need.

All ages.

Individual and Group/Patrol Activities

Packing boxes, load groceries, assist with food drive, assist with landscaping projects around the facility. Assist with “bag drive” to obtain bags for clients to carry food. Assist with cleaning inside the facility.

TAP / Head Start

Billye White
145 Campbell Ave. SW
Suite 220 Third Floor
Roanoke, VA 24011

540-345-6781

Area agency assisting families in the community with family support services, pre-

school, and childhood development.

Ages 14 and older

Individual and Group / Patrol Activities

Assist staff with children on playground with recreational activities. Assist with maintenance (spread mulch, paint, repair) in and around the facility. Assist with one-on-one instruction and tutoring in classroom.

Veterans Affairs Medical Center

Ann Benois 540-224-1919
1970 Roanoke Blvd, shelby.benios@med.va.gov
Salem, VA 24153

Healthcare facility for military veterans.

All ages.

Individual or Group / Patrol Activities

Assist with bingo and games for residents. Transport patients to activities. Assist with decorating for holidays and special occasions. Visit with residents to talk, play cards, read books. (Visits by Scouts in uniform would be greatly appreciated by the residents of this facility.)

Virginia Amateur Sports

Pete Lampman 540-343-0987
711 C Fifth St. NE
Roanoke, VA 24016

Agency organizing and hosting Virginia Commonwealth Games.

Ages 14 and up.

Individual or Group / Patrol Activities

Assist with Commonwealth Games at various athletic facilities around the valley. Assist with related sporting events in the area throughout the year.

Virginia Explore Park

Rachel Parsons 540-427-1800 ext. 321

3900 Rutrough Rd.
Roanoke, VA 24014

www.explorepark.org

Virginia's outdoor historical park.

All ages.

Individual and Group / Patrol Activities

Help develop and maintain network of trail within the facility. Assist with River cleanup. Assist staff with special events on park schedule.

Virginia Museum of Transportation

Hallie Stanley
303 Norfolk Ave.
Roanoke, VA 24011

540-767-4644

Virginia Museum featuring historical exhibits of trains, automobiles and other transportation interests.

Ages 16 and up.

Individual activities

Assist with train restoration projects. Assist with maintenance of facility and development of displays. Internships are also available for long term projects in Museum

West End Center for Youth

J. D. Carlin
1223 Patterson Ave. SW
Roanoke, VA 24016

540-342-9880

Neighborhood after school and summer activity center for youth.

All ages

Individual and Group / Patrol Activities

One on one mentoring with students. After school assistance with homework and

academic projects. Assist with summer reading program. Handyman projects around the facility.